

**AQUAFINA**  
**PitchHit&Run™**

Official Youth Skills Competition of Major League Baseball



**Host: DELHI PARKS AND RECREATION**

**Competition Date/Time/Location: FRIDAY, May 7, 2010**  
**5:00 REGISTRATION OPENS**  
**6:00 COMPETITION BEGINS**

**Contact: DELHI PARKS & RECREATION 451-3300**

- **OPEN TO COMPETITORS AGES 7 – 14**
- **PARTICIPATION IS FREE**
- **4 LEVELS OF COMPETITION:** Local, Sectional, Team Championship (MLB Ballparks) & National Finals (2010 All-Star Game – Anaheim, CA)

**PITCH....Throw strikes to a designated target**

**HIT.....Hit from a stationary batting tee for distance and accuracy**

**RUN.....Sprint from 2<sup>nd</sup> base to home plate for time**

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